

香港青年協會青年交流部

Youth Exchange Unit, The Hong Kong Federation of Youth Groups

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香港青年協會
the hongkong federation of youth groups

青年交流部
Youth Exchange Unit

Explore the World
Experience Cultures

探索世界 · 體驗文化



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關於我們 About Us

香港青年協會（青協）於1960年成立，是香港規模最大的青年服務機構。我們相信交流是青年拓闊視野、建立全局思維的重要渠道，持續為青年搭建多元外出體驗平台，讓他們走進不同地區，親身感受各地風土文化、歷史脈絡與社會發展脈絡，深化對國家與世界的認知。

青年交流部早於八十年代初已開展各類跨地域交流活動，是香港首批深耕內地及海外青年交流的專業團隊。多年來持續與內地省市、海外青年機構維持長期緊密合作，我們致力連繫青年與世界，促進跨文化理解，並在課堂以外創造富有意義的學習體驗。

Founded in 1960, The Hong Kong Federation of Youth Groups (HKFYG) is Hong Kong's largest youth service organisation. We believe exchanges serve as a vital channel for young people to broaden their horizons and develop holistic thinking. We continuously create diverse overseas and cross-regional experiential platforms for youth, enabling them to explore different regions, experience local customs and cultural heritage, and gain first-hand insights into social development. Through these journeys, we seek to deepen young people's understanding of the nation and the wider world.

Since the early 1980s, the Youth Exchange Unit has launched cross-boundary exchange programmes, making us one of the Hong Kong's pioneering professional teams dedicated to youth exchanges with the Mainland and overseas. We have established long-standing partnerships with municipal authorities across Mainland and youth organisations worldwide. By connecting young people with communities and cultures beyond Hong Kong, we foster cross-cultural understanding, encourage meaningful dialogue and create transformative learning experiences that extend far beyond the classroom.

1 認知 Awareness

透過考察、交流及跨文化體驗，提升青年對香港、國家及世界發展的認識，拓闊國際視野。

Broaden young people's understanding of Hong Kong, the Mainland and the wider world through study visits, exchange tours and cultural experiences.

我們的獨特方法 Our Approach

一般交流團著重創造難忘的體驗，我們則透過獨特的5A青年發展框架，將每次交流轉化為促進個人成長、培育領導才能及創造社會影響力的學習旅程。

We go a step further than simply creating memorable travel experiences. Guided by our 5As Youth Development Framework, we transform each journey into a purposeful learning experience that nurtures personal growth, strengthens leadership capabilities, and inspires young people to create positive social impact.

2 態度 Attitude

培養正向價值觀、開放包容態度，以及社會責任感和全球公民意識。

Foster positive values, open-mindedness, mutual respect, and a sense of social responsibility and global citizenship.

青年交流專家 Youth Exchange Expert



40+ 年服務經驗
years of experience



100+ 合作學校及機構
partner schools and organisations



50,000+ 服務人數
participants served



120+ 交流城市
cities visited



500+ 交流計劃
exchange programmes

3 情感 Affection

透過跨文化交流建立友誼與互信，促進共融，培養同理心。

Build friendships and trust across cultures, promoting inclusion, empathy and mutual understanding.

5 卓識 Acumen

培養洞察力及判斷力，掌握未來機遇與挑戰，成為具本地根基及國際視野的人才。

Develop insight and critical thinking to navigate future opportunities and challenges with both local roots and global perspectives.

4 行動 Action

鼓勵將交流所得轉化為實際行動，並與學校、社區及同儕分享成果。

Encourage participants to turn learning into action and share their experiences with schools, communities and peers.

為何與我們同行？ Why Partner with Us?



立足全港·青年為本

Rooted in Hong Kong, Committed to Youth

作為香港最具規模的青年服務機構，青協透過超過90個服務單位，每年服務逾450萬人次。我們專注青年工作，深明青年成長需要，能按不同年齡及學習階段設計具啟發性及教育意義的交流體驗。

As one of Hong Kong's largest youth service organisations, the HKFYG operates over 90 service units and reaches more than 4.5 million service users annually. With a deep understanding of young people's developmental and learning needs, we design inspiring and impactful exchange experiences tailored to different age groups and learning stages.

豐富經驗·歷史悠久

A Legacy of Experience and Excellence

青協自1960年成立以來，一直致力推動青年發展。青年交流部擁有數十年策劃及帶領本地、內地及海外交流項目的專業經驗，累計舉辦數百項考察及研學活動，帶領數以萬計青年走出課堂、走向世界。

Since its establishment in 1960, the HKFYG has been dedicated to youth development. With decades of experience in organising local, Mainland and international exchange programmes, the Youth Exchange Unit has delivered hundreds of study visits and learning journeys, empowering tens of thousands of young people to broaden their horizons beyond the classroom.

環球網絡·廣泛合作

Strong Global Connections

青年交流部與內地各省市組織及世界各地合作伙伴保持緊密聯繫，建立覆蓋本地、國家及國際層面的交流網絡，為青年創造多元而優質的學習機會。

The Youth Exchange Unit maintains strong partnerships with organisations across Chinese Mainland and around the world. Our extensive network spans local, national and international levels, creating diverse and high-quality learning opportunities for young people.

專業領隊·社工同行

Professional Guidance

每個出境交流項目均由註冊社工或專業領隊全程帶領及支援，兼顧參加者的學習成效、個人成長及團隊需要，讓青年在安全環境中拓展視野。

Each outbound exchange programme is led and supported by registered social workers or experienced tour escorts. Guidance shall be provided throughout the whole journey, ensuring both meaningful learning outcomes and a safe, supportive environment for personal growth.

廣獲信任·院校肯定

Trusted by Schools and Communities

多年來獲過百個政府部門、學校、大專院校、企業及非牟利機構廣泛支持及選用，帶領其學生或成員外出參訪，憑藉優質服務及良好口碑，深受社會各界認可。

Over the years, the Youth Exchange Unit has been widely trusted by hundreds of government departments, schools, tertiary institutions, corporations and NGOs, reflecting our reputation for quality, professionalism and reliability.

內地據點·把握機遇

Established Mainland Presence

2013年，前海管理局、香港青年協會、深圳市青年聯合會三方共同發起成立前海深港青年夢工場。青協現設有廣東省辦事處（境外非政府組織）、前海香港青年發展中心及中山三鄉青年培訓中心，助青年把握粵港澳大灣區及國家發展機遇。

In 2013, the Qianhai Authority, the HKFYG and the Shenzhen Youth Federation jointly established the Qianhai Shenzhen-Hong Kong Youth Innovation and Entrepreneur Hub. Today, through the Guangdong Office (Overseas NGO), Qianhai Hong Kong Youth Development Centre, and Zhongshan Sanxiang Youth Training Centre, we provide young people with valuable opportunities to explore development prospects in the Greater Bay Area and across the country.

深度課程·寓教於樂

Meaningful Learning Beyond Travel

交流不止於參觀體驗，更結合學習目標與個人成長需要。我們提供學習手冊、反思活動及成果評估機制，深化學習成效，實踐「行萬里路，勝讀萬卷書」。

Our programmes go beyond sightseeing by integrating educational objectives with personal development. Through learning materials, guided reflection and outcome evaluation, participants gain deeper insights and lasting learning experiences.

一站支援·無憂體驗

End-to-End Support

由項目策劃、行程設計、證件申請、行前培訓、活動執行到成果分享，我們提供全方位支援，讓參加者安心投入交流與學習。

From programme planning and itinerary design to travel documentation, pre-departure preparation, on-site coordination and post-programme sharing, we provide comprehensive support to ensure a seamless and rewarding exchange experience.

完善保障·風險管理

Protection & Risk Management

與持牌旅行社合作，憑藉多年活動管理經驗，建立完善的安全指引、風險評估及24小時緊急支援機制，為學校、家長及參加者提供全面保障。

Backed by licensed travel agencies and decades of programme management experience, we implement comprehensive safety protocols, risk management measures and 24-hour emergency support for schools, parents and participants.

服務概覽 Services Overview



海外及內地青年交流項目 Outbound Youth Exchange Programmes

透過精心設計的主題交流與沉浸式學習，讓青年走出本地視角，接觸多元文化與制度實踐，提升國際視野、公共議題素養及跨文化溝通能力，並將所學轉化為具體行動與社會影響。

Through carefully curated thematic exchanges and immersive learning experiences, participants broaden their perspectives by engaging with diverse cultures, communities and institutional practices. They strengthen their global outlook, civic literacy and intercultural communication skills, while turning learning into concrete action and meaningful social impact.

訪港青年接待服務 Inbound Youth Exchange Programmes

安排城市導覽、社區參訪、文化體驗及主題工作坊，促進來訪青年與本地青年面對面交流，建立互信與長期網絡。同時透過介紹香港的歷史發展、多元文化、社區特色及創新成就，向海內外青年展現香港的獨特魅力與國際都會風貌。

Through city tours, community visits, cultural experiences and thematic workshops, we foster meaningful interaction between overseas and local youth, building trust and lasting connections. Through exploring Hong Kong's history, cultural diversity, vibrant communities and innovation achievements, international youth gain a deeper appreciation of the city's unique charm and cosmopolitan character.

本地青年交流活動 Local Youth Exchange Programmes

透過文化考察、社區探索及主題體驗活動，鼓勵青年深入認識香港的歷史故事、文物建築、本地品牌及少數族裔社群，增進對本土社會的了解與歸屬感，培養對香港多元面貌的欣賞與尊重。

Through cultural tours, community exploration and thematic experiences, young people gain a deeper understanding of Hong Kong's history, architectural heritage, local brands and ethnic minority communities. These programmes strengthen participants' sense of belonging while fostering appreciation and respect for the city's rich and diverse character.

主題學習 Theme-based Learning

The Belt and Road
一帶一路



STEAM
創意科學



Aerospace Technology
航空航天



Sports & Talents
體育才藝



Sustainable Development
可持續發展



History & Culture
歷史文化



Volunteer Services
義工服務



Language Learning
語言學習



International Relations
國際關係



旗艦項目 Flagship Programmes



「締造未來」青少年創新發展項目 The Nurturing Future Innotech Talent Project

此項目獲公益慈善研究院及香港賽馬會慈善信託基金聯合捐款，支持中國宋慶齡基金會主辦，香港青年協會作為策略夥伴，旨在培養具有國家意識和全球視野的香港創新科技人才。參加者將接受為期一年的培訓，由頂尖行業及學術合作伙伴共同設計。整個項目預計培育超過2,000名具有民族自豪感的創新精神的青年，以及提升約500名教師的教學能力，並委託香港理工大學應用社會科學系評估項目成效。

The project aims to cultivate Hong Kong youth with national awareness and a global perspective in innovation and technology. The project has received a joint donation from the Institute of Philanthropy and The Hong Kong Jockey Club Charities Trust to support the China Soong Ching Ling Foundation, with the Hong Kong Federation of Youth Groups as the strategic partner. Participants will undergo a structured, year-long training journey co-created with leading industry and academic partners. The project is expected to nurture over 2,000 youth I&T talents with a sense of national pride and enhance the teaching skills of around 500 I&T teachers. The Department of Applied Social Sciences of the Hong Kong Polytechnic University has been commissioned to evaluate the effectiveness of the project.



此項目不只是走馬看花的參觀，而是十分着重於實踐和體驗，給了同學一次全方位、深層次，從認知體驗到實踐創造的深度科創之旅。

This programme was far more than a sightseeing tour. It emphasised on hands-on practice and experiential learning, offering students a comprehensive and immersive journey of innovation and technology, from building understanding and gaining first-hand experience to applying knowledge and providing solutions.

寶血會上智英文書院
Holy Trinity College

李嘉瑩老師
Li Jiaying, Teacher



高鐵青年號 Youth High Speed Rail Trip

廣深港高速鐵路（簡稱「高鐵」）香港段自2018年開通，香港接通國家高鐵網絡，步入香港運輸新時代，有助香港與內地城市更緊密聯繫，並在粵港澳大灣區發展中發揮所長。自通車起，此項目每年帶領500名中三或以上的青年走訪內地不同城市，一方面讓青年經歷「高鐵時代」高速、便捷及舒適的出行體驗；另一方面，了解香港加入高鐵網絡對融入國家發展的重要性，以及認識內地最新科技的發展。

Since 2018, the Hong Kong Section of the Guangzhou-Shenzhen-Hong Kong Express Rail Link (High Speed Rail) has connected the city to the national network. This milestone enhances regional ties and empowers Hong Kong to drive development within the Greater Bay Area. To capitalize on this connectivity, our programme brings 500 youth (Secondary 3 or above) to different mainland cities annually. Participants will experience the speed and comfort of the "High Speed Rail Era" firsthand, understand how Hong Kong's integration fuels national growth, and explore the Mainland's latest technological innovations.



交流團有助學生更好了解國家以及粵港澳大灣區的發展，助學生跳出書本，進行親身體驗。另外，學生亦可以趁此機會了解在大灣區升學和生活相關信息，有助他們提前做好人生規劃及制定目標。

The trip helped students gain a deeper understanding of the country's development and the progress of the Greater Bay Area, enabling students to step beyond textbooks and learn through first-hand experiences. In addition, students can take this opportunity to explore opportunities to study or live in the GBA, helping them to make plans and set goals for their future.

伊利沙伯中學舊生會湯國華中學
Queen Elizabeth School Old Students'
Association Tong Kwok Wah Secondary School

羅啟心老師
Law Kai-sum,
Teacher



參與國際賽事，讓我見證了香港在國際舞台上的角色——香港地方雖小，但同樣可以舉辦高水平國際賽事，吸引世界頂尖運動員參與。作為青年大使，我們以專業和笑容，向國際展示香港的好客之道。

Participating in international events allowed me to witness Hong Kong's role on the global stage. Although Hong Kong is a small city, it is fully capable of hosting world-class international competitions and attracting top athletes from around the world. As Young Ambassadors, we showcased Hong Kong's hospitality to an international audience through our professionalism and warm smiles.

香港青年大使
Hong Kong Young Ambassador

蔡佩佩
Choi Pui-pui



香港青年大使計劃 Hong Kong Young Ambassador Scheme

由香港特別行政區政府旅遊事務署及香港青年協會聯合主辦，本計劃吸引近6,000名青年參加，致力向市民和世界各地旅客推廣香港的好客形象及多元魅力，為他們帶來賓至如歸的旅遊體驗，並支持旅遊業的可持續發展。2026年標誌著本計劃成立25周年的重要里程碑，我們將繼續往開來，透過有系統的核心技能培訓及特色的義工服務，培育更多對服務社會有熱誠的青年，成為代表香港的親善大使。

Co-organised by the Tourism Commission of the HKSAR Government and The HKFYG, the Scheme has engaged nearly 6,000 young people in promoting Hong Kong's hospitality and diverse charms to locals and visitors around the world, creating a home-away-from-home travel experience for them, as well as supporting the sustainable development of the tourism industry. The year 2026 marks the 25th anniversary of the Scheme. Building on its legacy, it remains committed to nurturing a new generation of passionate young people as hospitable ambassadors for Hong Kong through systematic training and dedicated volunteer services.

海外及中國內地青年交流項目

Outbound Youth Exchange Programmes



踏足國家及地區

Countries and Regions Visited

中國內地 Chinese Mainland	澳洲 Australia
日本 Japan	比利時 Belgium
韓國 South Korea	捷克 Czech Republic
泰國 Thailand	英國 England
新加坡 Singapore	芬蘭 Finland
馬來西亞 Malaysia	愛沙尼亞 Estonia
哈薩克斯坦 Kazakhstan	瑞士 Switzerland
越南 Vietnam	美國 United States
蒙古國 Mongolia	南非 South Africa
尼泊爾 Nepal	

* 青年交流部曾到訪逾120個城市，例子繁多未能盡錄。
Youth Exchange Unit has visited over 120 cities.
Only some examples are listed here.

瑞士日內瓦聯合國青年領袖研學團

Empowering Future Leaders: United Nations Geneva Study Trip

作為一名修讀歷史科的學生，當我親眼看見聯合國會議室令人驚嘆的內部設計，並深入了解其豐富的歷史背景時，我所學的知識彷彿變得鮮活起來。我們亦有機會觀摩真正的聯合國會議如何運作。這次瑞士之旅絕對是一生難忘的體驗，而這些珍貴的回憶也將永遠留存在我的心中。

As a history student, seeing the stunning interior of the United Nations office and learning about its rich history really brought my own knowledge to life. We were also able to see how a real United Nations meeting works. The Switzerland tour was definitely a once-in-a-lifetime experience, and the memories will remain with me forever.

嘉諾撒聖家書院 Holy Family Canossian College 馬筠庭 Ma Kwan-ting



上海進博會青年義工服務團

China International Import Expo Service Trip

從諮詢引導到翻譯，從協助展商溝通到為訪客解答疑難，不僅收穫了珍貴的友誼，更對祖國的開放包容與發展實力有了更深刻的認識。未來，我將帶著這份收穫與感悟，繼續努力，繼續成長，真正做到說好香港故事。

From guiding tourists to translation support, from assisting exhibitors to answering visitors' questions, I not only gained valuable friendships but also developed a deeper understanding of our country's openness, inclusiveness, and development achievements. Moving forward, I will carry on these experiences and insights to improve and grow, and to tell Hong Kong's story.

香港大學 The University of Hong Kong 黃家慶 Wong Ka-hing



「締造未來」力箭一號運載火箭交流團

"Nurturing Future" Kinetica-1 Exchange Trip

我一向熱愛數學、物理與美術，竟可以有機會應用到火箭的工程設計、外觀美學，乃至載人航天的安全系統。這次經歷真切地為我的未來打開了新的可能，也為我的人生圖紙添上充滿希望的一筆。

I have always been passionate about Mathematics, Physics, and the Visual Arts. Through this programme, I discovered how these interests can come together in areas such as rocket engineering, aesthetic design, and even safety systems for human spaceflight. This experience genuinely opened up new possibilities for my future and added an inspiring new dimension to the blueprint of my life.

九龍真光中學 Kowloon True Light School 楊芷蕃 Yang Tsz-Lui





海外篇 Overseas



走進聯合國：瑞士國際事務交流團 Inside the United Nations: Switzerland International Affairs Study Tour

學習目標 Objectives

了解聯合國及國際組織的運作，拓展國際視野。
Develop an understanding of the operations of the United Nations and international organizations while broadening global perspectives.

重點行程 Highlights

- 參觀聯合國歐洲總部及國際勞工組織
Visit the UN European Headquarters and International Labour Organization
- 參觀國際紅十字與紅新月博物館
Visit the International Red Cross and Red Crescent Museum
- 考察歐洲核子研究組織
Explore the European Organization for Nuclear Research (CERN)
- 探索日內瓦、洛桑及伯恩歷史文化名城
Discover the historic cities of Geneva, Lausanne and Bern
- 參觀歐米茄博物館、奧林匹克博物館及百達翡麗博物館
Visit the OMEGA Museum, the Olympic Museum and Patek Philippe Museum



芬蘭·愛沙尼亞智慧城市與數碼治理交流團 Finland & Estonia Smart Cities & Digital Governance Exchange Tour

學習目標 Objectives

了解北歐智慧城市及數碼治理發展，探索可持續創新模式。
Gain insights into smart city development and digital governance in the Nordic region while exploring sustainable innovation practices.

重點行程 Highlights

- 了解愛沙尼亞數碼政府及電子治理模式
Learn about Estonia's digital government and e-governance model
- 考察 Jätkäsaari 智慧生態社區及北歐智慧城市發展
Explore the Jätkäsaari Smart Eco-District and smart city development in the Nordic region
- 參觀塔林理工大學、赫爾辛基大學、芬蘭科技博物館及伊塔拉設計中心
Visit Tallinn University of Technology, the University of Helsinki, the Museum of Technology and Iittala Design Centre
- 走訪佳禾貿易等企業，了解華人企業在一帶一路的發展
Visit enterprises such as Jiahe Trading and learn about the development of Chinese-owned enterprises in "Belt and Road"



哈薩克斯坦絲路文化與自然地質研學團 Kazakhstan Silk Road Culture & Geological Nature Study Tour

學習目標 Objectives

認識哈薩克的絲路文化、民族傳統及自然地質景觀，拓展對中亞地區的了解。
Explore Kazakhstan's Silk Road heritage, ethnic traditions and geological landscapes while enhancing understanding of Central Asia.

重點行程 Highlights

- 參觀哈薩克斯坦中央國家博物館及金人博物館
Visit the Central State Museum of Kazakhstan and the Golden Man Museum
- 考察瓊布拉克雪山及恰倫大峽谷國家公園
Explore Shymbulak Mountain Resort and Charyn Canyon National Park
- 體驗 Gunny 傳統民族村及 KIIZO 毛氈工藝坊
Experience Gunny Ethno Village and the KIIZO Traditional Felt Workshop
- 參觀伊塞克湖及阿拉木圖升天大教堂
Visit Lake Issyk and Ascension Cathedral (Zenkov Cathedral)
- 走訪當地兒童福利機構，參與服務學習活動
Visit a local child welfare institution and participate in service-learning activities



新加坡STEM與可持續發展研學之旅 Singapore STEM Innovation and Sustainable Development Study Tour

學習目標 Objectives

培養 STEM 學習興趣，增進科技創新及可持續發展知識。
Cultivate interest in STEM learning and enhance knowledge of technological innovation and sustainable development.

重點行程 Highlights

- 參與新加坡國立大學／南洋理工大學等 STEM 證書課程
Participate in STEM certificate programmes offered by universities such as the National University of Singapore or Nanyang Technological University
- 參觀新加坡市區展覽館及永續發展展覽館
Visit the Singapore City Gallery and Sustainable Singapore Gallery
- 考察濱海灣花園及星耀樟宜的創新可持續發展設計
Explore innovative and sustainable design at the Gardens by the Bay and Jewel Changi.
- 探索牛車水、甘榜格南及小印度多元文化社區
Discover the multicultural communities of Chinatown, Kampong Glam and Little India





中國內地篇 Chinese Mainland

韓國智慧科技與寄宿家庭文化體驗團 Korea Smart Technology & Homestay Cultural Experience Tour

學習目標 Objectives

了解韓國創新科技應用，體驗當地文化及生活方式。
Learn about Korea's innovative technologies while experiencing local culture and lifestyle.

重點行程 Highlights

- 參與韓港青年交流及寄宿家庭文化體驗
Take part in youth exchange activities and Korean homestay cultural experience
- 參與首爾市立科學館STEM工作坊及參觀SK電信T.um體驗館
Participate in a STEM workshop at Seoul Science Center and explore emerging technologies at SK Telecom T.um
- 參觀三星創新博物館及Naver 1784等創新企業
Visit Samsung Innovation Museum and innovative enterprises such as Naver 1784
- 探索景福宮、北村韓屋村及三清洞傳統文化景點
Discover cultural landmarks including Gyeongbokgung Palace, Bukchon Hanok Village and Samcheong-dong

新西蘭北島自然地質與毛利文化研學團 New Zealand North Island Natural Geology & Māori Culture Study Tour

學習目標 Objectives

認識新西蘭自然地質景觀及毛利文化，提升對多元文化與自然保育的理解。
Explore New Zealand's natural geological landscapes and Māori culture while enhancing understanding of cultural diversity and environmental conservation.

重點行程 Highlights

- 參訪當地學校，與新西蘭學生交流學習
Visit a local school and participate in exchange activities with New Zealand students
- 考察藍光螢火蟲洞及伊甸山自然地質景觀
Explore the Waitomo Glowworm Caves and the geological landscape of Mount Eden
- 參觀蒂普亞毛利文化村，體驗毛利傳統文化
Visit Te Puia Māori Cultural Centre and experience Māori traditions and culture
- 探索哈比人村及奧克蘭特色景點
Discover Hobbiton Movie Set and Auckland's iconic attractions
- 參觀奧克蘭博物館，認識新西蘭歷史與文化
Visit Auckland Museum and learn about New Zealand's history and culture

酒泉航天科技與敦煌絲路文化研學團 Jiuquan Aerospace Technology & Dunhuang Silk Road Cultural Study Tour

學習目標 Objectives

認識國家航天科技發展及絲綢之路歷史文化，增進國家認同感。
Understand China's aerospace development and Silk Road heritage while strengthening national identity.

重點行程 Highlights

- 參訪酒泉衛星發射中心及東風航天城
Visit the Jiuquan Satellite Launch Center and Dongfeng Aerospace City
- 考察敦煌光電博覽園，了解新能源科技發展
Visit the Dunhuang Photovoltaic Exhibition Park and learn about renewable energy technologies
- 遊覽莫高窟、鳴沙山及月牙泉
Visit the Mogao Caves, Mingsha Mountain and Crescent Spring
- 探索嘉峪關關城、陽關、玉門關、漢長城及懸壁長城
Explore Guan City of Jiayuguan, Yangguan Pass, Yumenguan Pass, the Han Dynasty Great Wall and the Overhanging Great Wall
- 參觀榆林窟及《又見敦煌》文化演出
Visit the Yulin Caves and enjoy the "Encore Dunhuang" cultural performance

北京前沿科技與歷史文化研學團 Beijing Advanced Technology & Historical Culture Study Tour

學習目標 Objectives

認識北京科技創新發展及中華歷史文化，拓展國家視野。
Gain insights into Beijing's technological innovation and Chinese historical culture while broadening national perspectives.

重點行程 Highlights

- 參訪清華大學或北京大學，了解國家高等教育發展
Visit Tsinghua University or Peking University and learn about higher education development in China
- 參訪北京奔馳工廠或小米汽車工廠，認識智能製造發展
Visit Beijing Benz Factory or Xiaomi EV Factory and learn about advanced manufacturing development
- 遊覽故宮博物院、國家大劇院及長城
Visit the Palace Museum, the National Centre for the Performing Arts and the Great Wall
- 體驗胡同四合院文化及非遺技藝工作坊
Experience traditional Hutong and Siheyuan culture and participate in an intangible cultural heritage workshop





大灣區人工智能與未來科技交流團 Jiuquan Greater Bay Area AI & Future Technology Exchange Tour

學習目標 Objectives

認識人工智能及前沿科技發展，探索大灣區創新科技產業機遇。
Gain insights into artificial intelligence (AI) and emerging technologies while exploring innovation and technology opportunities in the Greater Bay Area (GBA).

重點行程 Highlights

- 參訪深圳百度，體驗人工智能及無人駕駛技術
Visit Baidu Shenzhen and experience AI and autonomous driving technologies
- 參觀深圳人工智能應用展示中心（或優必選機器人企業）及大疆體驗中心
Visit the Shenzhen AI Application Exhibition Center (or UBTECH Robotics) and DJI Experience Center
- 考察零重力·鯤鵬天空低空科創研學基地及綠航星際太空科技研究院
Explore the Zero-G Kunpeng Sky Low-Altitude Science & Technology Innovation Base and Green Navigation Space Science Institute
- 走訪前海深港青年夢工場及前海展示廳，了解大灣區創新創業發展
Visit the Qianhai Shenzhen-Hong Kong Youth Innovation and Entrepreneur Hub and Qianhai Exhibition Hall to learn about innovation and entrepreneurship development in the GBA

廣西桂林文化遺產與少數民族義工團 Guilin Cultural Heritage & Ethnic Volunteer Service Tour

學習目標 Objectives

認識廣西文化遺產及少數民族文化，培養服務精神與社會責任感。
Explore Guanxi's cultural heritage and ethnic minority traditions while fostering a spirit of service and social responsibility.

重點行程 Highlights

- 參與當地學校義工服務，關懷社區發展
Participate in volunteer service at local schools and contribute to community development
- 考察龍脊梯田、龍脊博物館及百年古屋，認識傳統文化與聚落特色
Explore the Longji Rice Terraces, Longji Museum and Ancient Houses to learn about traditional culture and village heritage
- 體驗少數民族竹竿舞及山歌文化
Experience bamboo dance and folk song traditions
- 參觀狀元鄉及象鼻山景區，了解廣西歷史文化與自然景觀
Visit Zhuangyuan Village and Elephant Trunk Hill Scenic Area to learn about Guanxi's cultural heritage and natural landscapes

福建新能源與現代工業考察團 Fujian New Energy & Modern Industry Exploration Tour

學習目標 Objectives

認識國家新能源產業及現代工業發展，了解綠色科技與智能製造的應用。
Learn about China's new energy industry and modern industrial development, while exploring applications of green technology and smart manufacturing.

重點行程 Highlights

- 參訪寧德時代總部及生產線，了解新能源電池技術發展
Visit CATL headquarters and production line to learn about new energy battery technologies
- 考察福能海峽風電設施及福清核電站，認識清潔能源發展
Explore Funeng Strait Wind Power facilities and Fuqing Nuclear Power Station to understand clean energy development
- 參觀廈門金龍汽車智慧工廠，了解電動汽車及智能製造技術
Visit King Long Bus Smart Factory and learn about electric vehicles and smart manufacturing technologies
- 走訪科華數據總部或金牌廚櫃工業4.0智慧工廠
Visit Kehua Tech headquarters or GoldenHome Industry 4.0 Smart Factory
- 參觀鼓浪嶼及集美嘉庚紀念館，認識福建歷史文化特色
Visit Gulangyu Island and the Tan Kah Kee Memorial Museum to learn about Fujian's cultural heritage

邊疆探索與生態永續：黑龍江內蒙古研學之旅 Frontier Exploration & Ecological Sustainability: Heilongjiang & Inner Mongolia Study Tour

學習目標 Objectives

認識祖國邊疆地區的生態環境、民族文化及國家發展，培養生態保育意識。
Explore the ecological environment, ethnic cultures and national development of China's frontier regions while fostering environmental conservation awareness.

重點行程 Highlights

- 考察札龍國家級自然保護區、額爾古納濕地及莫爾道嘎國家森林公園
Explore Zhalong National Nature Reserve, Ergun Wetland and Mordaga National Forest Park
- 走訪北極村、漠河、莫日格勒河及白樺林景區
Visit Beiji Village, Mohe City, Morigele River and Birch Forest Scenic Area
- 參觀敖魯古雅使鹿部落及呼和諾爾草原，認識邊疆民族文化特色
Visit the Aoluguya Reindeer Tribe and Huhe Noor Grassland to learn about frontier ethnic cultures
- 探索滿洲里國門景區及韋韋口岸，了解邊境地區發展
Explore Manzhouli National Gate Scenic Area and Shiwei Port to understand border region development
- 參觀侵華日軍第七三一部隊罪證陳列館及聖索菲亞大教堂
Visit the Unit 731 Museum and Saint Sophia Cathedral



訪港青年接待服務 Inbound Youth Exchange Programmes



“香港景色與雲南截然不同，維港及太平山的遼闊視野令我印象深刻，亦讓我感受到兩地的发展差距，這激發了我透過自身努力推動家鄉建設的決心。”

“Hong Kong is very different from Yunnan. The panoramic views of Victoria Harbour and The Peak left a deep impression on me. Witnessing Hong Kong's development has inspired me to work hard and contribute to the future development of my hometown.”

麻栗坡縣民族中學
Malipo County
Ethnic Middle School

羅國穎
Luo Guoying

「山海相約 雲港同行」雲南金平、麻栗坡師生赴港研學活動 Bridging Mountains and Seas: Yunnan-Hong Kong Study Tour

活動邀請來自雲南山區的優秀師生代表來港研學，幫助他們拓展視野、樹立理想。師生們走訪多個香港歷史文化地標，親身感受城市的新舊變遷和特色，加深對「一國兩制」在香港成功實踐的了解。他們亦參觀香港中文大學、大公文匯傳媒集團、香港故宮文化博物館等地，並與本地中學生深入交流，促進雲南與香港兩地青年的交流與友誼。

The programme invites outstanding teachers and students from rural Yunnan to Hong Kong for a study tour, aiming at broadening their horizons and inspiring future aspirations. Participants visit various historical and cultural landmarks across Hong Kong, gaining first-hand insights into the city's unique character, development, and the successful implementation of the “One Country, Two Systems” principle. The group also visits The Chinese University of Hong Kong, Ta Kung Wen Wei Media Group, and the Hong Kong Palace Museum, and engages in meaningful exchanges with local secondary school students. The programme strengthens mutual understanding and friendship between young people from Yunnan and Hong Kong.

- 大學參觀研學 University visits and seminars
- 參與本地中學課堂 Sit-in local secondary school classes

韓國LABO香港國際青年交流團 Korean LABO Hong Kong International Youth Camp

讓韓國青年透過與本地青年的互動，更深入認識香港文化；在寄宿家庭的經驗中親身體驗香港家庭的生活方式，加強了跨文化理解與連繫。透過到訪香港青年協會領袖學院、參與營地活動及與本地學生一同上課，從多角度認識香港的城市面貌與經濟發展。

Deepen Korean youths' understanding of Hong Kong culture through meaningful interactions with local peers. The homestay experience offers authentic exposure to Hong Kong family life, strengthening their cross cultural awareness and personal connections. Through visits to the HKFYG Leadership Institute, participation in camp activities, and attending lessons with local students, participants also develop multifaceted understanding into Hong Kong's urban landscape and economic development.

- 本地寄宿家庭體驗 Homestay in HK family
- 參與本地中學課堂 Sit-in local secondary school classes

華中師範大學社會工作專業見習交流團 Central China Normal University Social Work Exchange Trip

參觀香港社會服務機構，讓內地社工專業學生深入了解香港的福利服務、社工工作內容及專業發展，並與香港社工系學生交流互動。活動涵蓋青年服務模式創新、社區養老及科技應用、精神健康支持網絡、危機應對、新來港家庭的融合與就業支持，並啟發學生在本地化服務設計及跨部門協作方面的思考。

Visit Hong Kong social service organisations to help mainland social work students gain a deeper understanding of local welfare services, social work practices and professional development through interaction with Hong Kong social work students. The programme covers innovative youth service models, community elderly care and technology applications, mental health support networks, crisis intervention, integration and employment support for new immigrants, inspiring students to localise Hong Kong's experience and enhance service design and cross-sector collaboration.

- 參觀香港社會服務機構 Visits to HK social service organisations
- 專業社工交流 Interaction with social workers

本地青年交流活動 Local Youth Exchange Programmes



聯合國文化遺產探秘之旅 UNESCO Heritage Discovery Tour

香港多個歷史保育項目榮獲聯合國教科文組織亞太區文化遺產保護獎，展現香港在文化保育及活化方面的成果。活動透過城市徒步及實地考察，帶領青年探索香港獨特的歷史文化與社區故事，加深對文化遺產保育的認識。參訪地點包括小香港（前中央彈藥庫）、大澳文物酒店（舊大澳警署）、香港演藝學院伯大尼校園（伯大尼修院）及鹽田仔鹽田等，讓參加者從多角度認識香港的人文歷史與文化特色。

Hong Kong is home to a number of heritage conservation projects recognised by UNESCO Asia-Pacific Awards for Cultural Heritage Conservation, reflecting the city's commitment to preserving its diverse cultural heritage. Through guided walking tours and site visits, participants explore Hong Kong's unique history, community stories, and conservation efforts. Featured sites include Little Hong Kong (Former Central Ordnance Munitions Depot), Tai O Heritage Hotel (Old Tai O Police Station), the Béthanie Campus of The Hong Kong Academy for Performing Arts (HKAPA), and the Yim Tin Tsai Salt Pans, offering young people a deeper appreciation of Hong Kong's cultural and historical heritage.

穆斯林文化探索工作坊 Hong Kong Muslim Culture Exploration Workshop

深入探索香港穆斯林文化的獨特魅力，從宗教傳統到日常生活，建立全方位的文化認知。實踐文化共融，提升跨文化溝通能力，以理解、接納和包容擁抱多元社會，展現香港國際都會的獨特魅力。

Explore the unique charm of Hong Kong's Muslim culture, from religious traditions to everyday life, and develop a holistic cultural understanding. Embrace cultural integration and enhance intercultural communication skills, fostering understanding, acceptance, and inclusivity in a diverse society to showcase the distinctive appeal of Hong Kong as a global metropolis.

旅遊與款待科考察活動 Tourism and Hospitality Studies Fieldtrips

為培育旅遊與款待行業的未來人才，計劃專為高中及大專「旅遊與款待科」學生設計。透過酒店參訪及行業體驗，讓學生認識旅遊與款待業的發展趨勢及運作模式。活動內容包括業界分享、酒店導覽、款待服務體驗及餐飲業務介紹，協助學生拓闊視野，探索升學及就業發展方向。

Designed for secondary and tertiary students studying Tourism and Hospitality, this programme aims to nurture future talent for the industry. Through hotel visits and hands-on industry experiences, participants gain insights into the latest trends and operations of the tourism and hospitality sector. Activities include professional sharing sessions, hotel tours, hospitality service experiences, and food and beverage operation briefings, helping students broaden their horizons and explore future pathways in further education and career development.